

WEEK AT A GLANCE

LORD BYNG ELEMENTARY SCHOOL

NOVEMBER 3RD - 7TH

MONDAY,
NOVEMBER
3RD

TUESDAY,
NOVEMBER
4TH

WEDNESDAY,
NOVEMBER
5TH

THURSDAY,
NOVEMBER
6TH

FRIDAY,
NOVEMBER
7TH

DON'T FORGET

Order Nov 14th
Hot Lunch by
today!!

Have a
safe and
happy
Halloween!





Congratulations to everyone who participated in the Cross Country Run at Garry Point this past week! Your energy and attitude made us all proud!!!





**MCMATH SECONDARY SCHOOL
LEADERSHIP PROGRAM**

HALLOWEEN CANDY DRIVE

OCT 27TH TO NOV 7TH

**BRING IN YOUR PRE-PACKAGED
CANDY**

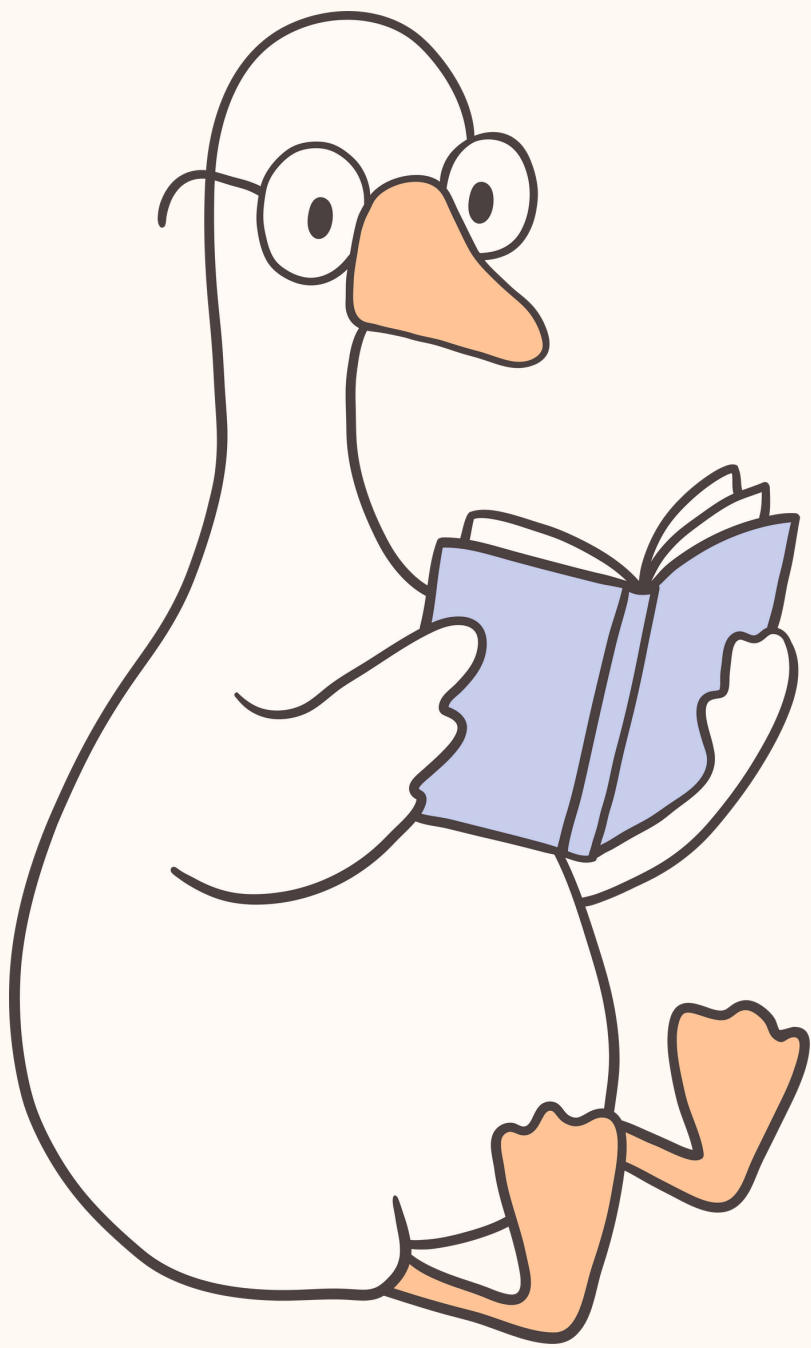
IN PARTNERSHIP WITH *THE GOOD SHEPHERD
MINISTRY*

REMINDER!!!

**Chewing Gum is not
permitted at school!!!**



**THANK
YOU!**



**Happy Friday, everyone! I wanted to
extend a huge thank you for
supporting our Scholastic Bookfair
last week. Over \$5300.00 in product
was sold, meaning the library was
able to earn \$600 in product, and just
under \$700 in cash to put towards
additional books and resources for
our library. We are just so grateful for
your contributions, and we look
forward to getting our new books in
the hands of the kids soon!**

Have a safe and Happy Halloween!

Mrs. Markusoff



EARLY WARNING LINE

604.668.6587

**PLEASE CALL TO REPORT STUDENT ABSENCES OR LATE
ARRIVALS**

A few workshops coming up for you to check out.....

The workshops are held at the Brighthouse Library (#100-7700 Minoru Gate). The links are provided here



IN-PERSON SESSIONS

**Emotion Regulation
November 4 @
10:00 am -
11:30 am**

**[https://
familysmart.ca
/event/
emotion-
regulation-17/](https://familysmart.ca/event/emotion-regulation-17/)**

**Connecting with
our Kids when
Anxiety Leads to
Social Isolation
November 18 @
10:00 am - 11:30
am**

**[https://
familysmart.ca/
event/adhd-
the-real-
deal-25/](https://familysmart.ca/event/adhd-the-real-deal-25/)**

ONLINE SESSIONS

**November 19
Parenting when Anxiety
Shows Up as Anger- Online
Session**

Anxiety in our kids can show up as anger making parenting extra challenging. Karen Peters, Registered Clinical Counsellor, shares with us some strategies that can help us before, during, and after these hard moments.

**[https://forms.office.com/r/
yWQcZqOY6c](https://forms.office.com/r/yWQcZqOY6c)**

**December 10
A Conversation for Families about Digital
Wellbeing and Mental Health**

Creating a healthy balance and boundary can be challenging when it comes to our children and their time spent on technology. Dr. Kristy Goodwin, Digital Wellbeing and Productivity Researcher, provides families like ours some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health.

<https://forms.office.com/r/sAjaT3xZkL>



PIZZA WEDNESDAYS & HOT LUNCH!!!

All New Families must register a new account with Munchalunch

Go to <https://munchalunch.com/schools/LordByng> Click the "Register Here" button. The system will guide you through the process of adding children. **After** adding your child(ren) click the "**Order Lunch**" button to order. Next time, just click the "Login here" button to access your account. It is recommended you sign up to receive a reminder email the day before hot lunch is delivered. Returning families will just need to update their students' grade and division upon first signing in.



Hot Lunch Days

EVERY WEDNESDAY: Pizza Factory

Nov 14: Takeya Sushi (due Nov 6)

Dec 12: Subway (due Dec 4)

For Pizza Wednesdays: Order must be placed and paid in full the **Sunday before that Wednesday.**

For Hot Lunches: Orders must be placed and paid in full 9 days prior to the scheduled lunch date as per our vendor requirements. Unpaid orders will be canceled. **Make sure you follow the order all the way to the end to pay!**

Munchalunch automatically cancels an order that hasn't been paid within 1 hour. Munchalunch charges us a per transaction fee, so if you are able to order and pay for multiple lunches in one transaction you will be saving the PAC transaction fees.

If your child is absent on the lunch date, you are welcome to come and pick up the order by noon in the gym foyer, but the **food cannot be kept for the following day.**

Consistent with previous years, there are **NO REFUNDS.**

For any questions or issues ordering, please email lordbyngelementarypac@gmail.com, do not approach admin or staff.



Check the Byng website for loads of important information!

CLICK HERE 

<https://byng.sd38.bc.ca/>

LOOKING AHEAD.....

November 10th ~ Remembrance Day Assembly @ 10:30am

November 11th ~ Remembrance Day ~ No School

November 14th ~ Hot Lunch - Takeya Sushi

November 17th ~ Student Photo Retakes



Byng Skate Night!!!

Tuesday, December 16th

5:00 - 6:30pm

