



WEEK AT A GLANCE

# LORD BYNG ELEMENTARY SCHOOL

February 14-18



<b>Monday, Feb 14</b>	<b>Tuesday, Feb 15</b>	<b>Wednesday, Feb 16</b>  <b>Early Dismissal @ 1:45</b> Parent/Teacher Conferences	<b>Thursday, Feb 17</b>	<b>Friday, Feb 18</b>  <b>Pro D Day</b> No School
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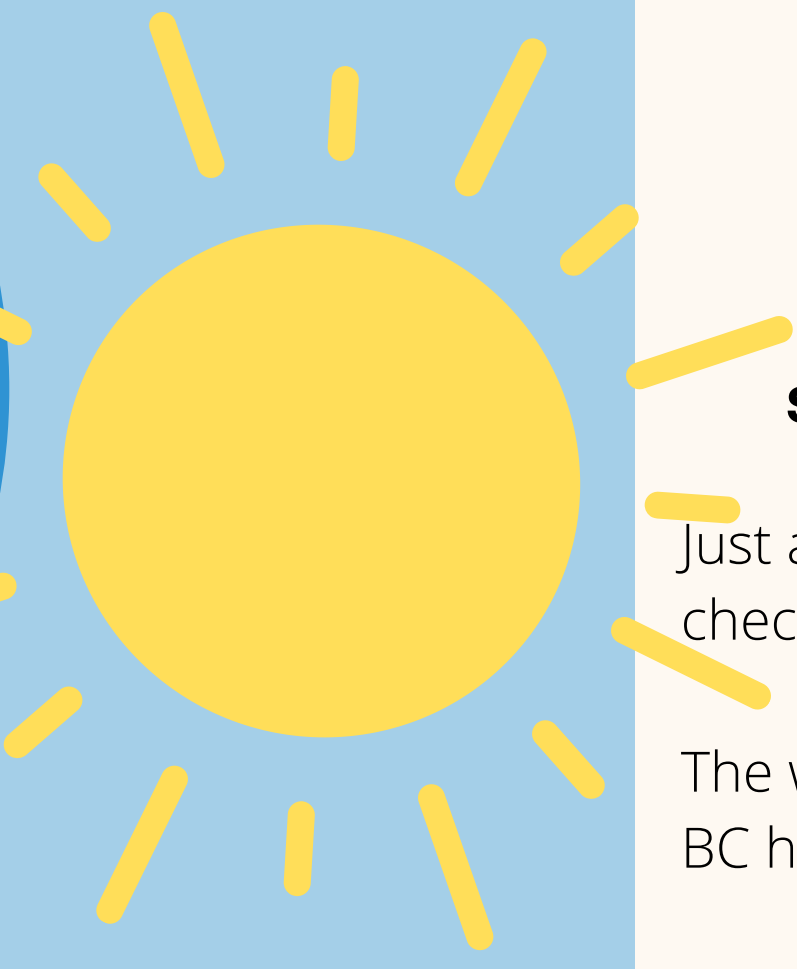
**Upcoming Events**

**Feb 21** - Family Day

**Feb 23** - Pink Shirt Day

**Mar 3** - Parent/Teacher Conferences

**Mar 3** - Early Dismissal @ 1:45pm



## Daily Health Check



### SHOULD I GO TO SCHOOL TODAY?

Just a reminder to please complete a daily health check before sending your kids to school.

The website and app will contain the most up-to-date BC health guideline information.

Here is a quick link to the **K-12 Health Check** or use the **Daily Health Check at the end of the WAAG.**



## Reminders

Please report any absences, lates, early dismissals, etc. to our **Early Warning Line at (604) 668-6637**

Let us know your child's name, division and WHY they are away and for how long

If your child(ren) will be arriving late, please drop off at the office in order for us to adjust attendance accordingly.



## Have you checked out the Byng Website?

- get the latest news
- check out the latest WAAG
- calendar events
- important information
- and much more.....



[byng.sd38.bc.ca](http://byng.sd38.bc.ca)





## Did you know.....

Vancouver jazz great **Eleanor Collins** singer was first Black performer in North America to host a TV show in 1955?

Vancouver's first lady of jazz is being honoured with her own stamp. Canada Post will unveil an Eleanor Collins stamp in a virtual news conference. The Collins stamp is being issued in conjunction with Black History Month in Canada, which is appropriate, because Collins has quite a history.

"She's a legend," said Bronwyn Graves, Canada Post's director of stamp services. "If you know anything about jazz music in Canada, then you know Eleanor Collins. She's remarkable. Her music is timeless.

"Not only was she a consummate professional and an incredible musician, she also broke ground. She was featured on a CBC radio show in the 1940s, (and) she was the first female jazz artist ever to host a national television show."

Her legacy isn't just in Canada. When The Eleanor Show made its debut on CBC June 19, 1955, she became the first Black host on TV in North America.



## FEBRUARY UPDATE

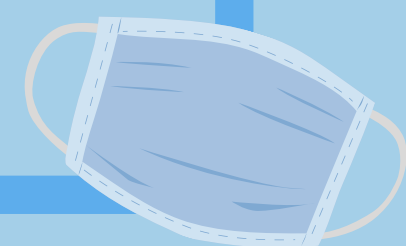
# SWIS

Settlement Workers in Schools



Click **HERE**

A reminder that the **mask mandate** applies to students in K - 12 and all staff.



## Richmond School District Is Looking for Noon Hour Supervisors!

The Richmond School District is looking for on-call and permanent Noon Hour Supervisors for Elementary and Secondary schools.

Duties include supervising students in school buildings and grounds during the lunch break, and assist in the office or school library. The shifts for this position is 1.5 hours per day on days that students are in attendance.

For more information please visit [www.makeafuture.ca/richmond](http://www.makeafuture.ca/richmond) or district website at [www.sd38.bc.ca](http://www.sd38.bc.ca). If you have any questions, please contact Ms. Schulz at Byng.



### Contact Information:

Please ensure the school has your up-to-date email, residential address and contact information. This is very important if we do need to get in touch with you, that we have the correct information. Any updates or changes, please email

Mrs. Estrada at [byng@sd38.bc.ca](mailto:byng@sd38.bc.ca)

# Daily Health Check & What to Do When Sick

## Daily Health Check

Everyone going into a school or site must complete a daily health check, including staff, students, and visitors. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Body aches
- Cough
- Sore throat
- Sneezing
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea

**If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools and worksites.**

**You can attend school/work if:**

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, AND
- You are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

## What to Do When Sick

**If you have mild symptoms of COVID-19**, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

**If you do not have symptoms of COVID-19**, you do not need a test.

**If you are unsure about your symptoms**, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

## What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

## If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

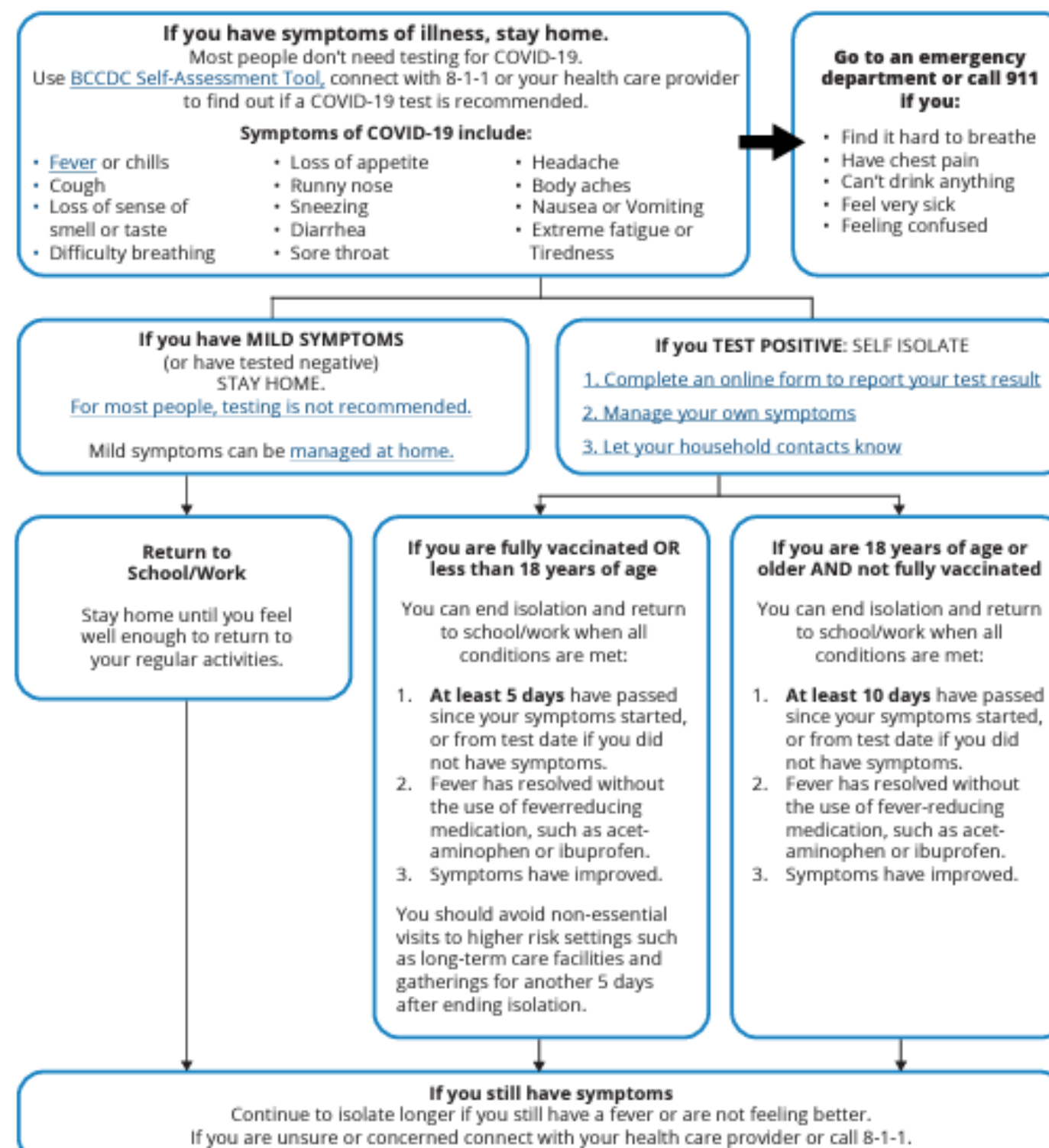
Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

**If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.**

This information is adapted from the BC Centre for Disease Control. For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>



## Summary: What to Do When Sick



### What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](http://Getvaccinated.gov.bc.ca)

