

OCTOBER 13TH - 17TH

Thanksgiving
Day!!

The logo for the Byng Bears. It features the word "BYNG" in a small, black, sans-serif font above the word "BEARS" in a large, stylized, blue font with a black outline and a slight 3D effect. Below the text is a blue bear head facing forward, with its mouth open showing sharp white teeth. A blue fish is positioned inside the bear's mouth, as if it is about to swallow it. The entire logo is set against a white background.





CROSS COUNTRY RUN CLUB HAS STARTED!!!

If you are in Grade 1-7 and want to do some long distance running we will have Cross Country Run club on Tuesday and Thursday mornings at 8:10 am.

If you would like to go to the District Fun Run, please get a permission form from Ms. Schulz and return it by Oct. 20th. The District Fun Run will be at Garry Point on Oct. 29th. Parents must accompany their child to this after school event.

REMINDER!!!

Chewing Gum is not permitted at school!!!



EARLY WARNING LINE

604.668.6587

**PLEASE CALL TO REPORT STUDENT ABSENCES
OR LATE ARRIVALS**

SCHOLASTIC BOOK FAIR ANNOUNCEMENT!!!

HELLO, AND HAPPY OCTOBER! IT WAS SO NICE TO MEET SO MANY OF YOU AT THE OPEN HOUSE! I'M THRILLED TO SAY THAT OUR FIRST SCHOLASTIC BOOKFAIR IS JUST AROUND THE CORNER! IT WILL BE HELD FROM MONDAY, OCTOBER 20TH - THURSDAY, OCTOBER 23RD, RIGHT HERE IN THE SCHOOL LIBRARY!

THE PURPOSE OF HOLDING BOOK FAIRS IS TWO-FOLD. FIRSTLY, IT GETS BOOKS INTO CHILDREN'S HANDS! SECONDLY, FOR EVERY \$10 SPENT AT THE BOOKFAIR, LORD BYNG ELEMENTARY LIBRARY WILL RECEIVE \$6.00 IN PRODUCT REWARDS!! THIS IS A HUGE WIN-WIN FUNDRAISER!

STUDENTS WILL BE ABLE TO PURCHASE BOOKS DURING SCHOOL HOURS, WHEN THEY COME IN FOR THEIR REGULARLY SCHEDULED LIBRARY BLOCK. IN ADDITION, STUDENTS WILL ALSO BE ABLE TO PURCHASE BOOKS AT LUNCH, OR AFTER SCHOOL. AFTER SCHOOL, PLEASE FEEL FREE TO COME IN AND PERUSE WITH YOUR CHILD - IT'S A FAMILY AFFAIR!

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT ME!

HAPPY READING! MRS. MARKUSOFF



CARE AND SUPPORT FOR FAMILIES



Peer Support in Richmond

Emotion Regulation (Parents-Children)-Online Session

When kids frequently have big emotions, parenting can be overwhelming and tiring. In this video, Nicole Allen, Registered Clinical Counsellor shares some strategies and skills that can make it easier for your kids and you, learn about the critical role that parents and caregivers play to create positive change for young people.

当孩子经常情绪波动时，养育孩子可能会让人感到不知所措和疲惫。在本视频中，注册临床咨询师妮可·艾伦与大家分享了一些策略和技巧来帮助您和您的孩子更轻松地和相处，并了解父母和照顾者在孩子积极和健康成长中扮演著极重要的角色。

Wednesday, October 15, 2025

10:00 am to 11:30 am

TO REGISTER

CLICK HERE



SWIS

RICHMOND SCHOOL DISTRICT
Settlement Workers
In Schools

IN PARTNERSHIP WITH
FAMILYSMART.CA



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

**A few more for you to
check out.....**

The workshops
are held at the
**Brighthouse
Library**
(#100-7700
Minoru Gate).
The links are
provided here



ADHD: The Real Deal
October 21 @ 10:00 am - 11:30 am
<https://familysmart.ca/event/adhd-the-real-deal-25/>

Emotion Regulation
November 4 @
10:00 am - 11:30 am

<https://familysmart.ca/event/emotion-regulation-17/>

**Connecting with our Kids
when Anxiety Leads to
Social Isolation**
November 18 @ 10:00 am
- 11:30 am

<https://familysmart.ca/event/adhd-the-real-deal-25/>



PIZZA WEDNESDAYS & HOT LUNCH!!!

All New Families must register a new account with Munchalunch:

Go to <https://munchalunch.com/schools/LordByng> Click the "Register Here" button. The system will guide you through the process of adding children. **After** adding your child(ren) click the "**Order Lunch**" button to order. Next time, just click the "Login here" button to access your account. It is recommended you sign up to receive a reminder email the day before hot lunch is delivered. Returning families will just need to update their students' grade and division upon first signing in.



Hot Lunch Days

EVERY WEDNESDAY: Pizza Factory

Oct 17: Taco Luis

Nov 14: Takeya Sushi (due Nov 6)

Dec 12: Subway (due Dec 4)

For Pizza Wednesdays: Order must be placed and paid in full the **Sunday before that Wednesday.**

For Hot Lunches: Orders must be placed and paid in full 9 days prior to the scheduled lunch date as per our vendor requirements. Unpaid orders will be canceled. **Make sure you follow the order all the way to the end to pay!**

Munchalunch automatically cancels an order that hasn't been paid within 1 hour. Munchalunch charges us a per transaction fee, so if you are able to order and pay for multiple lunches in one transaction you will be saving the PAC transaction fees.

If your child is absent on the lunch date, you are welcome to come and pick up the order by noon in the gym foyer, but the **food cannot be kept for the following day.**

Consistent with previous years, there are **NO REFUNDS.**

For any questions or issues ordering, please email lordbyngelementarypac@gmail.com, do not approach admin or staff.



OCTOBER HOLIDAYS

October 13th is Thanksgiving

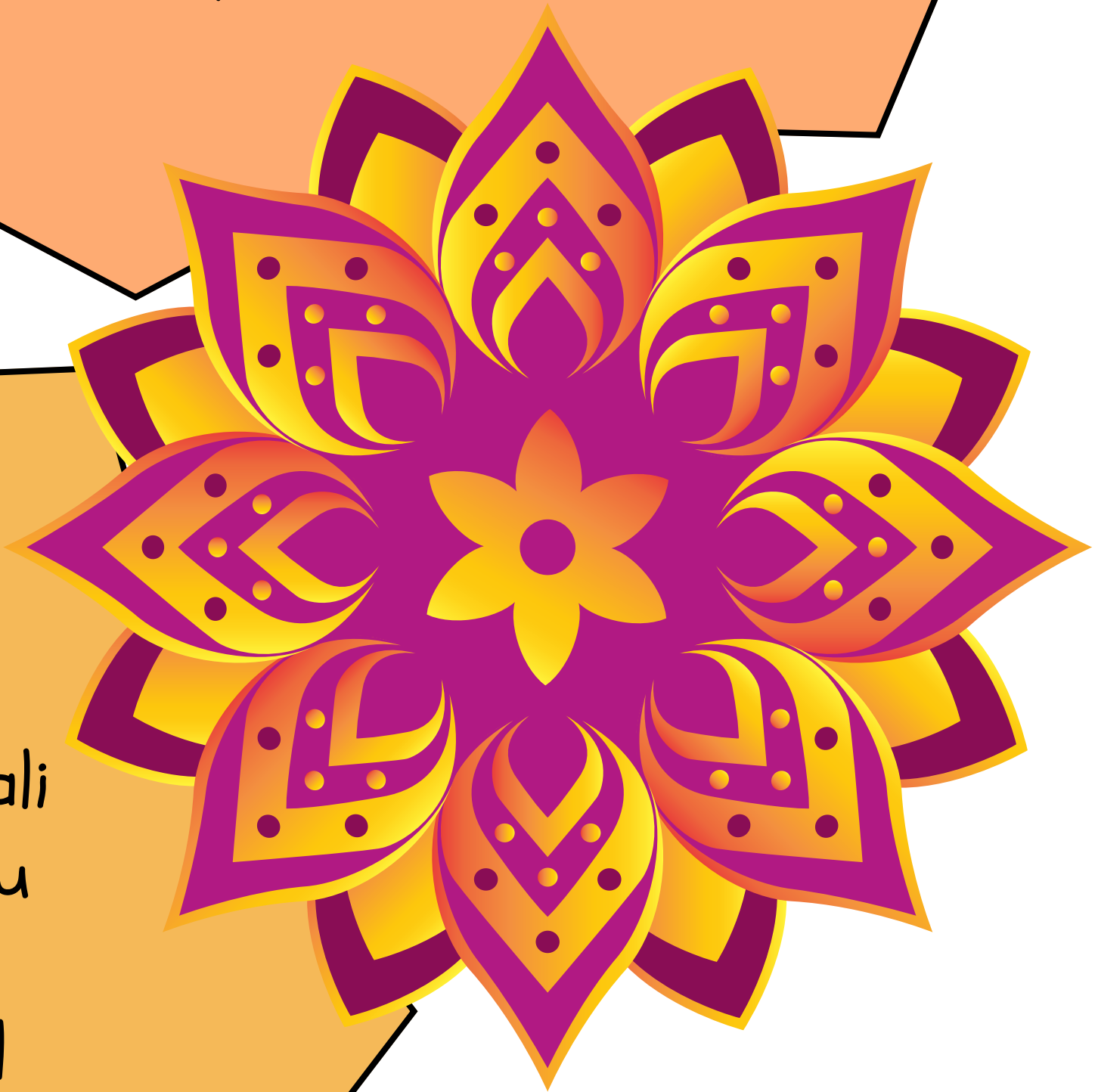
We celebrate Thanksgiving to recognize and give thanks for the blessings of the past year, which often includes a feast shared with family and friends.

The first official, annual Thanksgiving in Canada was celebrated on 6 November 1879, though Indigenous peoples in Canada have a history of celebrating the fall harvest that predates the arrival of European settlers.

The celebration, featuring the uniquely North American turkey, squash and pumpkin, was introduced to Nova Scotia in the 1750s and became common across Canada by the 1870s.

October 20th is Diwali

Diwali, also called Deepavali or Deepawali, is the Hindu festival of lights. It symbolises the spiritual victory of Dharma over Adharma, light over darkness, good over evil, and knowledge over ignorance.





**IT'S TIME TO REGISTER FOR A SCHOOL YEAR
OF FREE, ACTIVE FUN!**

**ALL RICHMOND KIDS IN GRADE 5, INCLUDING THOSE
HOME-SCHOOLED OR ATTENDING PRIVATE
SCHOOLS, CAN PICK UP A PASS.**

CLICK THE LINK ABOVE FOR MORE INFORMATION!

volunteers needed!!!

A message from our PAC...

*We are looking for a few more volunteers to join
our What's App group for pizza and hot lunch
distribution. If you are occasionally available
11:30-12:00 on Wednesdays or Fridays please email
the PAC at lordbyngelementarypac@gmail.com with
your mobile number. We will add you to the What's
App group. No commitment necessary!*



Check the Byng website for loads of important information!

CLICK HERE 

<https://byng.sd38.bc.ca/>



LOOKING AHEAD.....

October 13th ~ Thanksgiving

October 20th ~ Individual Student Photo Day

October 20th ~ Diwali

October 22nd & 23rd ~ Parent/Teacher Conferences ~ Students Dismissed @ 1:45pm

October 24th ~ Pro-D Day ~ No School

October 31st ~ Halloween

