

BYNG TRACK & FIELD PRACTICE/TRYOUT SCHEDULE 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL (8:00 – 8:30am)	Softball Throw (Grade 3) Mrs. Bueckert Mr. Favela Long Distance (Grade 5) Mrs. Carrusca Ms. Heckerott	Softball Throw (Grade 4) Mrs. Dennis Ms. Paine Long Distance (Grade 6) Mrs. Nasiopoulos Mrs. Markusoff	Softball Throw (Grade 5) Mrs. Dennis Ms. Heckerott Long Distance (Grade 7) Mrs. Nasiopoulos Mrs. Markusoff	Softball Throw (Grade 6) Ms. K. Wong Mr. Favela Long Distance (Grade 3) Ms. C. Wong Mrs. Kempin	Softball Throw (Grade 7) Ms. K. Wong Mrs. Harrington Long Distance (Grade 4) Ms. C. Wong Mrs. Kempin
LUNCH (12:25-1:00pm)	High Jump (Grade 4) Mrs. Ververgaert Ms. Bebluk Long Jump (Grade 7) Ms. Sipsas Ms. Williams	High Jump (Grade 5) Mr. Carrigan Mrs. Lau Long Jump (Grade 6) Mrs. Harrington Mr. Essex	High Jump (Grade 6) Mr. Carrigan Ms. Williams Long Jump (Grade 5) Ms. Sipsas Mr. Essex	High Jump (Grade 7) Ms. Mitchell Ms. Bebluk Long Jump (Grade 4) Mrs. Lau Mrs. Burns	Long Jump (Grade 3) Mrs. Bueckert Ms. Paine
AFTER SCHOOL (3:00 – 3:30pm)	Shot Put (Grades 6/7) Ms. Green Miss Zarazun	Discus (Grades 6/7) Miss Wilson Mrs. Thompson	Shot Put (Grades 6/7) Ms. Green Miss Zarazun	Discus (Grades 6/7) Miss Wilson Mrs. Thompson	

Practice Locations:

Field: softball throw, discus, shot put

Gym: high jump

Track (meet by hockey box): 200m, long distance

Sand Pit: long jump

Tryouts will take place during the weeks of April 16 – 20 and April 23 – 27. Practices will take place the week of April 30 – May 4.
*The track meet is **Tues., May 8th**